

FEBRUARY 2026

# TKG NEWSLETTER

STAY UP TO DATE WITH THE KLUB!



## UPCOMING EVENTS:

### • SAVE THE DATE

Love the Skills Challenge - Feb. 1<sup>st</sup> - 28<sup>th</sup>

Klub Night Out - Saturday, Feb. 21<sup>st</sup>

Sweet Peas Open Gym - Friday, Feb. 27<sup>th</sup>



## 2026 MEET SCHEDULE

CHECK OUT OUR WEBSITE CALENDAR FOR MORE INFORMATION.

- Jan. 30th - Feb. 1st : Breystans Las Vegas Invitational
- Jan. 30th - Feb. 1st : SC United Invitational
- Feb. 7th - Feb. 8th : N. Conference Championships
- Feb. 13th - Feb. 15th : Heart of a Champion
- Feb. 14th - Feb. 16th : Azarian Team Cup
- Feb. 20th - Feb. 22nd : Nashville Nights Encore
- Feb. 28th - Mar. 1st : March Madness

2026		FEBRUARY					
SUN	MON	TUE	WED	THU	FRI	SAT	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	



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## UPCOMING EVENTS:

### • KLUB NIGHT OUT - Feb. 21<sup>st</sup>

KNO is back!

A fun filled night of gymnastics, games and a movie! Parents take the night off and leave the rest to us!

### • ENDLESS SPING CLASSES

Make the most of your spring break and sign up for Endless Spring Classes starting March 16<sup>th</sup>



## SWEET PEAS NEWS

FIND OUT MORE ABOUT SWEET PEAS IN YOUR MONTHLY NEWSLETTER



- The monthly newsletter is packed with fun updates, skill highlights, and a sneak peek at what your gymnast will be working on in class this month!



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## REC GYM NEWS

### Student Progress Tracking System

TKG is excited to introduce our brand new Student Progress Tracking System, designed to help families easily follow their child's skill development in our recreational gymnastics classes. Log into your parent portal and click on the "Evaluation" tab.

You'll be able to see what your athlete has mastered, what they're working on and what they are attempting through IClassPro.

Students must be able to complete the corresponding skill sheet at a 90% or higher rate.



Skill progression is a key factor in Level Up Day submissions, along with consistent attendance, performance confidence, and overall readiness for the next class level.

### LOVE the Skills Challenge

Starting February 1st, all rec students will receive a LOVE the Skills Challenge card to use throughout the month. Each week, athletes will complete an in-class challenge focused on skill basics, effort, peer support, and progression. Coaches will punch the card weekly based on participation.

Complete all 4 weeks and bring the finished card to the front desk to receive  
**1 FREE CLASS TOKEN**



Athletes must attend all four weeks of February classes and bring their challenge card each week to be eligible.

Completed cards may also be entered into a gym wide raffle for additional prizes (valid in March)



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## KLUB KAMP NEWS

From **February 1<sup>st</sup>** until **May 31<sup>st</sup>**  
Summer Kamp days are on sale for **\$99**

### SAVE THE DATE

- Feb. 1st - Summer Kamp dates available
- Feb. 9th - Lincoln Day Kamp
- Feb. 16th - President's Day Kamp

2026

FEBRUARY

SUN MON TUE WED THU FRI SAT

1	2	3	4	5	6	7
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## BIRTHDAY PARTIES



Celebrate your big day at TKG!

Introducing **two new** party packages :

Now offering 1 hour parties!

- Gymnastics only
- 1:30p - 2:30p
- Saturdays and Sundays
- \$375 up to 10 kids ages 4+

New 2 hour party package tier

- Up to 10 kids



CHECK OUT OUR WEBSITE CALENDAR FOR MORE INFORMATION.



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## FROGTOWN COMMUNITY

### LUMINOUS PHYSIQUE

 1813 Blake Ave, Los Angeles, CA 90039

Luminous Physique is a wellness studio in Frogtown where movement meets mindfulness. Each class blends strength, balance and guided meditation to leave you feeling grounded and renewed.



\*Discount Code available. See front desk.\*

### Find your new favorite coffee shop!



Art work by Tom Lamb 2017

Take a walk along the bike path and discover something new in Frogtown.

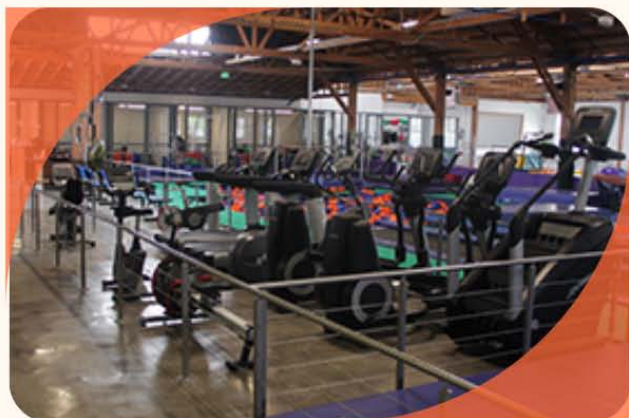
-  Happier Cafe
-  10 Speed Coffee Frogtown
-  La Colombe



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## KLUB KARDIO

While your gymnast is in class, enjoy our Kardio Korner! A space to move, recharge, and squeeze in a workout because fitness is for the whole family!

### FITNESS STARTS HERE

- \$5 - 1 session
- \$40 - 10 sessions
- \$60 - 20 sessions

## Ribbits

Hop over and visit the Ribbits Pro Shop, your one-stop shop for gear, goodies, toys, and snacks!

GIFT CARDS  
AVAILABLE!



### DID YOU KNOW?

Koach Glo's favotie snack is the Ritz Cheese Crackers!

